



Haykanoush Restaurant MAIN MENU

SALADS AND APPETIZERS

•	"DILIJAN" SALAD Black olives, chickpeas, bell peppers, fresh greens and local spices.	AMD 1800
	SPINACH AND BERRIES SALAD Fresh spinach and coriander leaves mixed with raspberry and cranberry, sprinkled with Armenian aged cheese, lime juice and oil dressing.	AMD 2300
•	WILD MUSHROOM SALAD Fried wild mushrooms and eggplants, seasoned with tahini and hazelnut sauce.	AMD 2200
•	NETTLE SALAD (SEASONAL) Fresh nettle leaves, potato, eggs and regional spices, served with oil and lemon juice dressing.	AMD 1500
•	TOMATO AND CUCUMBER SALAD Sliced tomato and cucumber, Armenian fresh herbs and lemon dressing.	AMD 2000
•	DRAINED MATSUN SALAD WITH CHIPS A creamy matsun dip with chopped tomatoes, olives and garlic. Served with herbed lavash chips.	AMD 2000
•	BEET LEAVES SALAD Boiled beet leaves mixed with tahini, spices, garlic and lemon juice.	AMD 2000
•	EGGPLANT SALAD Fried eggplant salad with walnuts, seasoned with onions, garlic and greens.	AMD 2000



ASSORTED CHEESE PLATTER Selection of Armenian cheeses.	AMD 3200
 EGGPLANT PUREE WITH MINT AND ALMONDS Puree made from grilled eggplants, mixed with creamy matsun, chopped almond, mint, lemon juice and garlic. 	AMD 2000
DRAINED MATSUN (YOGURT) Sprinkled with paprika and chopped walnuts.	AMD 1500
REJAN Village sour cream.	AMD 1700
BREAD/LAVASH	AMD 300



SOUPS & STEWS

•	WILD MUSHROOM SOUP Light soup prepared with fresh wild mushrooms, potatoes, onions and rice. Garnished with greens.		rtion / ½ portion 1700
•	MUSHROOM AND APRICOT SOUP Creamy mushroom soup prepared with dried apricots, served with sour cream and fresh parsley.	AMD	2000
•	SORREL SOUP Sorrel, fried onions, potatoes, wheat and walnuts.	AMD	1500
	SPAS (MATSUN SOUP) A light Eastern Armenian version of this traditional soup of matsun and shelled wheat with mint.	AMD	1500
•	"VAN" MATSUN SOUP Creamy matsun (yogurt) soup with lentils, dried lavash and caramelized onions on top.	AMD	2000
	LAMB STEW WITH GREEN BEANS AND BLACK PLUM	AMD	3200/2000
	Lamb stewed with green beans and black plum, flavored with lemon juice and cinnamon, topped with black pepper.		
	LAMB AND APRICOT STEW Lamb stewed in apricot and lemon juice, served with cinnamon.	AMD	3200/2000
	BEEF STEW WITH POMEGRANATE Beef stewed in pomegranate juice, with a mixture of herbs and spices.	AMD	3200/2000
	BEEF AND CELERY STEW Beef stew, cooked with celery, chickpeas, carrots and a blend of spices.	AMD	3200/2000
•	PUMPKIN BORANI Interesting combination of pumpkin, chickpeas, bell peppers, raisins and dried apricots.	AMD	2200

MAIN COURSES

SMYRNA KUFTA Lightly spiced ground beef balls pan fried and served in rich tomato gravy, accented with Armenian spices. Served with side dish on your choice.	AMD 4200
RASPBERRY LEAF DOLMA (SEASONAL) Fresh raspberry leaves stuffed with ground meat, onion and spices.	AMD 3500
PILAF "VAN" STYLE Traditional "van" pilaf, with bulgur, fried local pork, onions and tomatoes.	AMD 3000
KARNEE YARIK Fried eggplants stuffed with ground meat (Beef ground with bell peppers, spices and onions) and cooked in tomato sauce.	AMD 3000
PAN FRIED BEEF FILLET Cooked in red wine and served with your choice of fried potatoes, plain rice pilaf or bulgur pilaf with celery.	AMD 6200
LAMB KHASHLAMA IN WHITE WINE Lamb slowly cooked in its own broth, with vegetables and white wine.	AMD 4500
TAVOUSH STYLE FRIED PORK Small pieces of local pork, pan fried with onions, potatoes and cornelian cherries. Served in a clay pot.	AMD 4000
CHICKEN KHOKHOB Boneless chicken cooked with onions and dried plums in pomegranate sauce. Sprinkled with parsley and dill.	AMD 3900
CHICKEN GRILL WITH CHEESE SAUCE Chicken breast, marinated and grilled, with creamy cheese sauce.	AMD 5000

HARISA Chicken meat cooked slowly with whole grains to form a thick stew, topped with melted butter and citric tang of ground red sumac.	AMD 2000
TROUT FILLET ROLLS WITH ARMENIAN GREENS Oven-baked trout fillet served with pan-seared seasonal greens.	AMD 5000
TROUT FILLET IN LAVASH Trout fillet baked in a lavash shell together with seasonal vegetables and mild, stringy cheese.	AMD 5000
OVEN-BAKED WHOLE TROUT STUFFED WITH VEGETABLES (4 persons)	AMD 9000
EGG DISHES - fried eggs with tomato/cheese/ greens/basturma/ham - omelette with cheese and bread	AMD 1500

BARBECUE

BARBECUE SET (6 persons) Set of barbecued pork, beef, chicken, lamb, chicken wings and grilled vegetables. Served with barbeque sauce.	AMD 26000
CHICKEN Chicken cubes marinated in a blend of lemon and spices, barbecued with pepper and onion.	AMD 3200
WHOLE TROUT Whole trout seasoned with red pepper, tomato sauce and barbecued.	AMD 5000
PORK Pork seasoned simply with fresh herbs, onions and barbecued.	AMD 4500
PORK CHOPS	AMD 5000
BEEF FILLET Beef seasoned simply with fresh herbs, onions and barbecued.	AMD 5000

BAKERY

LAHMAJOUN - with cheese - with meat - with meat and cheese - with meat and matsun (yogurt) - with mushrooms and cheese - with mushrooms and meat	AMD 1100
CHEESE BOEREG (4 pieces per serving) A rich flaky dough filled with a mixture of feta, cream cheese and fresh herbs.	AMD 2200
WARM SOUROEREG Sheets of Armenian pasta painstakingly rolled by hand paper thin, layered with Armenian cheeses, butter and parsley, baked until the top is crispy brown and the cheese is melted.	AMD 3500

PILAFS AND SIDE DISHES

 RICE PILAF WITH HERBS Rice pilaf cooked in butter with parsley, dill, spinach, coriander and saffron. 	full portion / ½ portion AMD 1500/1200
 ARISHTA WITH WILD MUSHROOM Handmade Armenian pasta, mixed with fresh spinach and wild mushrooms. Served with matsun-garlic sauce. 	IS AMD 2000
FRIED WILD MUSHROOMS (WITH OR WITHOUT EGGS)	AMD 2500/1500
SAUTEED BEET LEAVES Sautéed in butter with or without onion.	AMD 2500/1500
POTATOES ON YOUR CHOICE -fried -barbecue -home style	AMD 2500/1500
HOME SLYIC	AMD 1000

DESSERTS

WARM GATA Rich Armenian butter pastry with crumbly, sweetened nuts filling served with homemade sour cream.	AMD 1700
APPLE PIE Cinnamon-spiced apples, nuts and raisins rolled in delicate butter pastry.	AMD 1700
BAKLAVA A rich sweet pastry made of phyllo dough filled with chopped walnuts and syrup.	AMD 2500
APRICOT KHADAYEF Shredded pastry filled with dried apricot, nuts, honey and sweet spices.	AMD 2000
SEMOLINA BALLS WITH HONEY Crumbly balls of semolina, walnuts, and cinnamon. Served warm with homemade sour cream.	AMD 1500
DILIJAN LOCAL FRESH FRUIT AND HERB SALAD A variety of the freshest seasonal, local fruits and berries, served in their own juice with chopped mint leaves.	AMD 1500
FRUIT PLATTER (SEASONAL)	AMD 2500
ICE CREAM WITH JAM OR / AND FRUITS	AMD 1500

www.tufenkianheritage.com